



## Mental Health Services Program Fee Information Current as of 3/21/2024

### **Private Pay**

You may pay for the cost of services “out of pocket.” Private pay fees are due at the time of service or if approved by your provider or may be paid within 1 week after receiving an invoice from CSSM. Invoices may be delivered via email, mail, or the CSSM client portal. Payments accepted include: credit card, debit card, check (make checks out to **CSSM**), or cash. When mailing payments, please use the address for the Helena office at the bottom of the document.

### **Private Pay Reduced Fees**

Those seeking private pay services for reduced fees can call CSSM at (406) 442-4130 to receive instructions on how to apply. Fee reductions are limited to the circumstances described in the fee schedule below.

### **Prompt Pay Discount**

Full private pay payments for services in advance or the day of those rendered services will be discounted 20% off the rate listed below. To receive this discount, a client has the options to 1) call (406) 442-4130 to pay by card 2) give CSSM permission to securely store your card information and use it to automatically pay 3) pay your provider directly with cash or check.

### **Private-Pay Fee Schedule**

Service Description	Fee Rate
Standard Counseling Session w/ provider w/ current licensure	\$140
Initial Assessment Session	\$0
Standard Counseling Session w/ candidate for licensure	\$70
Individuals/Families at or below federal poverty line*	\$28
Individuals/Families at federal poverty line x 1.25*	\$49
Individuals/Families at federal poverty line x 1.50*	\$70
Individuals/Families at federal poverty line x 1.75*	\$91
Individuals/Families w/ faith leader referral**	50% off any p.p. rate
University/College Student w/ current student ID and proof of student loans held***	\$70
Lifelong services referral from the CSSM Adoption Program****	\$70
Session for expectant/birth mothers currently in CSSM Adoption Program	\$0
Professional services provided outside of schedule appts (per minute)	\$2.50/min

### **Health Insurance**

CSSM providers are in-network for the following insurance providers:

- United Healthcare
- Blue Cross Blue Shield
- Montana Medicaid
- Pacific Source
- Mountain Health Co-Op
- Cigna



- Medicare *pending*. (Clients can submit their own claims for the time being and CSSM will provide any necessary documentation)
- Humana *pending*

### **Employee Assistance Program**

CSSM accepts EAP if it is a benefit through a third party insurer CSSM is in-network with.

### **\*2023 Poverty Line Chart**

# in family	Poverty Line (PL)	PL x 1.25	PL x 1.50	PL x 1.75
1	14580	18225	21870	25515
2	19720	24650	29580	34510
3	24860	31075	37290	43505
4	30000	37500	45000	52500
5	35140	43925	52710	61495
6	40280	50350	60420	70490
7	45420	56775	68130	79485
8	50560	63200	75840	88480
9	55700	69625	83550	97475

### **\*\*Faith Leader Referral**

Individuals and/or families who utilize CSSM Mental Health Counseling Services will receive a 50% discount on their private-pay sessions (can be used in addition to other sliding scale fee discounts), if they provide a written referral from an ordained leader of their faith community (priest, pastor, deacon, etc.). Those seeking this reduction should call CSSM at (406) 442-4130 to learn how to apply.

### **\*\*\*University/College Student Discount**

Students with a current university/college ID are eligible for a discount on sessions, if they can prove need. To prove need, a student will need to submit proof of a current balance on any loan(s) accessed to help pay for educational costs.

### **\*\*\*\*Lifelong Services Referral from the CSSM Adoption Services Program**

This discount is available exclusively for person(s) referred from a social worker in the CSSM Adoption Services Program. Person(s) must have been involved in the Adoption Services Program.